

MOUNT ZION BAPTIST CHURCH
SUNDAY SCHOOL BULLETIN NO 6

The Israelites were safely across the Red Sea, and the cruel Egyptian army had been destroyed. But before them was the wilderness, a desert. They had to walk many miles. God was showing them the way. But the people had only brought what food they could carry, and that would soon run out.



Read **Exodus 15 v 22-27**.

- 1) What did they have an urgent need for? (v22)
- 2) When they did find some, what was wrong? (v23)



Moses cried out to the Lord for help. 3) What did the Lord tell him to do? (v 25)

The Lord provided water for the 2 million people and animals. This was a miracle!

After resting at an oasis the people moved on. **Look at Exodus 16.**

- 4) What were the people complaining to Moses about in v 3?
- 5) Do you think this was a right reaction? Should they have trusted in God to provide for them?



- 6) What was God's kind answer to the problem of food? (v 4, 14-15)
- 7) What did they call it, and what was it like? (v 31)

*God also sent many quails, a small bird, for them to eat at that time. The Lord gave Moses special instructions for the people on how to collect the Manna. All they had to do was to obey. **Read verses 16-30.***



- 8) Did everyone obey? (v 20, 27)
- 9) Does everyone obey God's command to trust in Him?

In spite of their complaints and disobedience, the Lord was very kind to the people. He gave them all they needed for the rest of their long journey.

God's wonderful provision

The Christian life is like a journey through the desert of this world. There is nothing in this world which satisfies a believer's heart longings, or gives true meaning and purpose to life. Only God can provide living water and the bread of life for those who ask for it. Do you remember Who is the Living Water and the Bread of Life?

*Write out and memorise the promise in **John 6 v 37**.*
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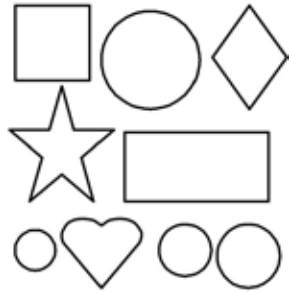
This means that God will give everlasting life to every one who truly comes to Jesus, trusting in Him and asking for their sins to be forgiven. If you don't come to Him, you will not be saved! Why wait any longer?

Manna - What is It?

God provided for the Israelites in the wilderness all they needed to eat and drink. We know quite a lot about the manna. See how many of these questions you can answer. You may need to look in your Bible at Exodus chapter 16 to find the answers:

What shape was it?

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What time each day did it appear?

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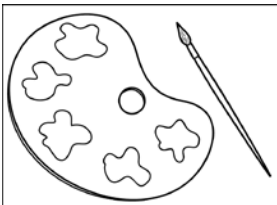


Was there any day when it didn't come?

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How could it be cooked?

.....



What colour was it?

What did it taste like?

.....



What happened if they kept it overnight?

.....



A picture to colour for younger ones



Read Exodus 16 v 4-5

God kindly provided daily food for all those people.

They had to obey His instructions. If they did, everyone would have enough to eat and they would live.

If they did not obey God, they would not have food.

We must all obey God. He kindly tells us to trust in Jesus Who died for the sins of all His people. All who trust Him will be saved and live for ever.

Have you trusted in Jesus?